



# **Complementary Therapies for Physical Therapy: A Clinical Decision-Making Approach**

*Judith E. Deutsch, Ellen Z. Anderson*

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With all the most relevant therapies you need to know discussed in detail, *Complementary Therapies for Physical Therapy: A Clinical Decision-Making Approach* includes the information you need to incorporate evidence-based complementary therapies into your PT practice. Organized and based on the National Center for Complimentary and Alternative Medicine's classification system, this book begins with a basic overview of CAM therapies and progresses to clinical decision-making and integration of CAM therapies into physical therapy. Helpful boxes and tables throughout the book summarize literature searches, examination findings, and goals for treatment. Plus, case scenarios written by expert CAM practitioners help illustrate the practical uses of alternative therapies within the physical therapy setting to help you incorporate CAM therapies into your everyday practice.

- PICO (Population, Intervention, Comparison, Outcome) boxes summarize key information and save you time by providing a method for performing quick and accurate literature searches.
- Realistic case scenarios show you how various CAM modalities can be incorporated into treatment for therapeutic benefit.
- The use of the clinical decision-making model prepares you to implement critical-thinking skills across other CAM treatments.
- Well-referenced content with a focus on literature ensures that content is up-to-date and evidence-based to provide you with the tools you need to search additional areas and keep current with new literature in this constantly changing field.
- An emphasis on therapies most relevant to rehabilitation ensures you get the information you need to incorporate CAM into your practice.

**Winner of a 2008 PROSE Award for Professional and Scholarly Excellence.**

Received top honors in the nursing and allied health book category from the Professional and Scholarly Publishing Division of the Association of American Publishers.

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