



El camino del Zen (Los libros de Sísifo) (Spanish Edition)

Allan W Watts

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El Zen, la variante japonesa del budismo, según muestra Watts en esta obra, tiene mucho que ofrecer al hombre occidental de nuestro tiempo, ya sean propuestas de actitudes vitales o pautas de comportamiento. En este amplio estudio, Watts traza los rasgos principales de esta filosofía de un modo claro, ameno e instructivo, pero también riguroso, y analiza los puntos de contacto del Zen con el Tao y el budismo indio, con lo que, al cabo, consigue dar al lector una imagen clara, concisa y fiel del pensamiento Zen. Esta obra de Alan Watts está considerada en el ámbito académico como una de las más serias y documentadas acerca del Zen.

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