



# Man and Ball: My Autobiography

*Stephen Ferris*

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**Man and Ball: My Autobiography** Stephen Ferris

SHORTLISTED FOR RUGBY BOOK OF THE YEAR AT THE BRITISH SPORTS BOOK AWARDS

'When I came into the Ulster team,' Stephen Ferris says with typical candour, 'we were crap'. It was, however, preferable to his day job of paving driveways, and that day in 2005 saw the start of an incredible journey for Ferris, Ulster and Ireland rugby. A Celtic League title in his very first senior season with Ulster. A Grand Slam in 2009, followed by a sensational Lions breakthrough. A starring role in Ireland's greatest World Cup win, over Australia in 2011, when Ferris famously picked up Will Genia and carried him ten yards. And leading Ulster from nowhere to the Heineken Cup final.

Stephen Ferris had an incredible rugby career, tragically ended by ankle injuries so severe they will never properly heal. He is an inspiration to the population of Ulster, an emblem of the sport that serves as such a positive expression of its culture and identity, and earned the respect and admiration of fans across Ireland for his strength, pace, skill and courage. Fearless, funny and full of an incredible array of stories from behind the scenes of Ulster, Ireland and the Lions, this is the must-have rugby book of the year.

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