



Pregnancy for Modern Girls: The naked truth about being pregnant

Hollie Smith

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If you want a sugar-coated guide to pregnancy, this isn't it! With you through every stage, the Modern Girl's Guide to Pregnancy is a refreshing, truthful guide to nine months of scary decisions, medical jargon and life-changing events. From scans, maternity leave and common pregnancy ailments, to what labour's really like, we tell you straight – the kind of frank, honest advice you expect from your best mate. We cover the questions that you'll really want the answers to but may not want to ask, including:

- I got really drunk in the first 3 months – will my baby be ok?
- Will I need to wear big pants?
- What's an episiotomy?
- Are piles inevitable?
- Can I still have sex when I'm huge?

Full of practical advice, this book will help waylay your fears and ensure you make the right choices for you and your baby.



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