



# **The Encyclopedia of Spices and Herbs: An Essential Guide to the Flavors of the World**

*Padma Lakshmi*

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# The Encyclopedia of Spices and Herbs: An Essential Guide to the Flavors of the World

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## The Encyclopedia of Spices and Herbs: An Essential Guide to the Flavors of the World Padma Lakshmi

From the Emmy-nominated host of the award-winning *Top Chef*, an A-to-Z compendium of spices, herbs, salts, peppers, and blends, with beautiful photography and a wealth of explanation, history, and cooking advice.

Award-winning cookbook author and television host Padma Lakshmi, inspired by her life of traveling across the globe, brings together the world's spices and herbs in a vibrant, comprehensive alphabetical guide. This definitive culinary reference book is illustrated with rich color photographs that capture the essence of a diverse range of spices and their authentic flavors. *The Encyclopedia of Spices and Herbs* includes complete descriptions, histories, and cooking suggestions for ingredients from basic herbs to the most exotic seeds and chilies, as well as information on toasting spices, making teas, and infusing various oils and vinegars. And no other market epitomizes Padma's love for spices and global cuisine than where she spent her childhood—lingering in the aisles of the iconic gourmet food store Kalustyan's, in New York City.

Perfect for the holiday season and essential to any well-stocked kitchen or cooking enthusiast, *The Encyclopedia of Spices and Herbs* is an invaluable resource as well as a stunning and adventurous tour of some of the most wondrous and majestic flavors on earth.

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