



# **Bounce, Don't Break: Brande's Guide to Life, Love, and Success**

*Brande Roderick*

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## **Bounce, Don't Break: Brande's Guide to Life, Love, and Success** Brande Roderick

Brande Roderick, former Playmate of The Year and star of *Celebrity Apprentice Season 2*, is your advisor, confidante, and stand in best friend in this fun, comprehensive guide to getting the best out of life from someone who knows how to live it!

*Bounce, Don't Break* has something for every age—from the young woman unsure of what lies ahead to the seasoned career woman who is looking to sharpen her game. Brande offers the straight-talking advice that women need the most (and don't always get)—words of wisdom she has shared with and received from her closest and most successful friends.

Inside you'll find 8 keys to success, including tools to help YOU: assess and improve your self-reliance and self-esteem; identify personal and professional goals; strategize financially to reach short and long term aims; navigate dating and your search for Mr. Right; and much more. Brande convinces you that personal resilience, hard work, and clear-cut goals are the means to realizing your dreams.

Packed with fun and informative quizzes, useful tips and tricks, as well as personal anecdotes and nearly 30 color photographs, *Bounce, Don't Break* will have you well on your way to enjoying the same level of success as Brande herself.



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