



# Recovery, the 12 Steps and Jewish Spirituality: Reclaiming Hope, Courage & Wholeness

*Paul Steinberg*

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# **Recovery, the 12 Steps and Jewish Spirituality: Reclaiming Hope, Courage & Wholeness**

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The first comprehensive approach to successfully integrate classic Jewish spirituality with the 12 Steps of Alcoholics Anonymous. It draws on Jewish resources—theological, psychological and ethical—that speak to the spiritual dimension of the disease, and shows how the principles of Jewish spiritual recovery directly align with the AA 12 Steps.



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