



The Elements of Counseling Children and Adolescents

Catherine P., PhD Cook-Cottone

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"The authors' choice of key elements results in a book that provides knowledge essential for beginning counselors to learn and for experienced counselors to review. Consequently, The Elements of Counseling Children and Adolescents should be useful for students in the helping professions, including psychology, social work, and counseling."

From the Foreword by Scott T. Meier, PhD, coauthor, *The Elements of Counseling*

"Offers precise, practical guidance based on a proven teaching format."

Tailored to the specific needs of the child and adolescent client, this concise, easy-to-read primer provides essential and practical guidelines for counselors and psychologists who are training to work with children in both clinical and school settings. It is modeled after the highly successful and time-tested "Elements of" format used in many teaching disciplines. The book distills the basic concepts that beginning professionals must keep in mind as they approach practice, offering guidance in a logical, numbered sequence from setting the stage for the counseling process through the essentials of building and maintaining an active counseling practice.

In addition to facilitating learning with its precise, easily understood rules and principles, the book provides potent guidance for both common and challenging situations. Key concepts such as using developmentally appropriate language and activities are covered, along with critical issues such as collaborating with parents and other professionals, responding to crisis situations, and counselor self-awareness and self-care. Case examples of client-counselor dialogues in each chapter illustrate foundational concepts, and an overview of how to use the text for transcript analysis in training programs is also included. Written by experienced counseling and therapy educators and professionals, this versatile text will be a welcome addition for courses in counseling children and adolescents as well as other courses across the curriculum in school counseling; school psychology; marriage, child, and family counseling; and clinical social work.

KEY FEATURES:

- Distills the essential components of therapy and counseling with children and adolescents in a highly useful, time-tested "Elements of" format
- Adaptable to a range of counseling-related courses across the curriculum
- Provides illustrative examples of counselor-client dialogues
- Includes instructor's manual

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Ariane Swanson:

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Lorretta Cox:

Now a day individuals who Living in the era where everything reachable by interact with the internet and the resources in it can be true or not involve people to be aware of each details they get. How individuals to be smart in obtaining any information nowadays? Of course the answer is reading a book. Studying a book can help persons out of this uncertainty Information mainly this The Elements of Counseling Children and Adolescents book because book offers you rich information and knowledge. Of course the details in this book hundred per cent guarantees there is no doubt in it as you know.

Clarence Williams:

In this period of time globalization it is important to someone to get information. The information will make someone to understand the condition of the world. The fitness of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can view that now, a lot of publisher in which print many kinds of book. The particular book that recommended to you personally is The Elements of Counseling Children and Adolescents this publication consist a lot of the information on the condition of this world now. This kind of book was represented so why is the world has grown up. The language styles that writer use to explain it is easy to understand. The particular writer made some exploration when he makes this book. That's why this book appropriate all of you.

Robert Oshea:

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