



Un millón de runners (Spanish Edition)

Runner's World

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El libro de viñetas de *Runner's world* para correr con una buena dosis de humor.

Calzarse las zapatillas y salir a desahogar los problemas mientras nos ponemos en forma es una actividad cada día más extendida. Sí, el *running* está de moda, y si hay que salir a correr ¿qué mejor que hacerlo con una buena dosis de humor?

La prestigiosa revista *Runner's world* recomienda a todos los corredores consumir 72 kilos de humorística motivación mensual (mordaz, eso sí) para conseguir todos los retos. *Un millón de runners* es un libro de desternillantes viñetas creación de @72kilos pensado para todos los *runners*, desde principiantes a expertos, porque según el decálogo de los corredores: «Un corredor tiene el derecho de inspirarse con las viñetas de @72kilos siempre que lo considere necesario».

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Margaret Williams:

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