



Les bonnes recettes pour des salades (Les recettes du panier) (French Edition)

Melanie Martin

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40 recettes et variantes 100 % fiables pour cuisiner au retour du marché ou avec son panier bio. Cuisinez maison et de saison et retrouvez le goût des produits frais !

Dans cet ouvrage :

- Des salades qui changent pour des repas variés et équilibrés
- Des astuces pour bien acheter, préparer et conserver vos fruits et vos légumes
- Des recettes gourmandes et simples à préparer.

Salade de carottes croquantes et fenouil, Salade de fèves au lomo, Salade figues, parme et mozzarella...

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