



# **Constructing Narratives of Continuity and Change: A transdisciplinary approach to researching lives (Routledge Research in Education)**

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In this volume, academics and researchers across disciplines including education, psychology and health studies come together to discuss personal, political and professional narratives of struggle, resilience and hope. Contributors draw from a rich body of auto/biographical research to examine the role of narrative and how it can be constructed to compose a life story, considering the roles of significant others, inspirational, educational and fictional characters, and those in myth and legend.

The book discusses how personal narrative, often neglected in social and psychological enquiry, can be a valuable resource across a range of settings. Reference is made to the evolving role of narrative in education and health care, medicine and psychotherapy. This includes how particular narratives are hardwired into culture in ways that stifle personal and social understanding. Rather than providing a 'how to' guide, the book illustrates the range and power of narrative, including poetry, to re-awaken senses of self and agency in extremis. Each chapter draws on specific research, describing the context, explaining the methodology, and illuminating important findings.

Discussing implications for research and practice, this book will be key reading for postgraduate and doctoral students in auto/biographical and narrative studies, and across a range of disciplines, including education, health and social care, politics, counselling and psychotherapy. It will be of interest to academics teaching research methods, and those developing biographical and auto/biographical narrative research.



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