



# Survival Guide for Anatomy & Physiology

*Kevin T. Patton*

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Don't be overwhelmed by the perils and pitfalls of learning A&P! **Survival Guide for Anatomy & Physiology, 2nd Edition** provides a quick and easy overview of tips, strategies, and key A&P content to make studying more productive, more fun, and less time-consuming. A perfect on-the-go reference, this handy guide is packed with colorful cartoons, A&P visuals, illustrated tables, and keen insights to help you prepare for even the most dangerous labs and exams. Joining this excellent adventure are two new *survival skills* chapters plus strategies for using digital resources effectively. Written by renowned author and educator Kevin Patton, this book makes it easier to survive and conquer A&P!

- **Plan a Learning Strategy** section helps you study more effectively by showing how to tailor your learning activities to suit your learning style.
- **Part 2: Maps, Charts, and Shortcuts** breaks the subject of A&P into six sections, so you can quickly find the information you need in an easy-to-read and understand format.
- **Mnemonic devices and memorable analogies** help you remember A&P concepts with ease.
- **Specific test-taking strategies** help you prepare for and pass exams.
- **Instructions on how to read your A&P textbook** lead to greater comprehension.
- **Dozens of tables** make it easy to access the A&P facts you need to remember on the skeletal system, muscles, nerves, circulatory, respiratory, and digestive systems, and more.
- **NEW! Know the Language chapter** focuses on strategies for mastering medical terminology.
- **UPDATED information** includes more on digital-based learning strategies, more examples, and additional study tips to develop skills in mastering pronunciation, dealing with test anxiety, using flashcards, and more.
- **New analogies and tips** help you make deeper connections between challenging A&P concepts and the real world, including *What's a Gradient?*, *Bone Names Have Meaning*, *Mnemonics to Help You Learn Bone Structures*, and more.
- **NEW! What to Do If You Get Lost chapter** offers advice on getting back on track from Kevin Patton, whose enthusiasm, humor, and special insights have guided many students through the A&P wilderness.
- **New cartoons and illustrated tables** simplify facts and concepts relating to topics such as tissues, joint movements, regions of the brain, and more.
- **New appendices on common abbreviations and word parts** make it easy to look up prefixes, suffixes, abbreviations, and more.

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