



Konkrete Schritte zur Glückseligkeit (German Edition)

Armand Luciani

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Etliche falsche Glaubenssätze halten uns davon ab, mit unserem Leben richtig zufrieden zu sein. Erfahren Sie, wie Sie aus diesen Mustern ausbrechen können und wie es Ihnen gelingt, Ihr Leben schrittweise immer harmonischer zu gestalten. Keine Angst: Es ist nicht schwer!

Auch für ein glückliches spirituelles Leben stehen uns häufig bewusste und unbewusste Hindernisse im Weg. Doch diese lassen sich überwinden, und Sie können Schritt für Schritt Ihrem Glück näherkommen und sich einen

"Himmel auf Erden" schaffen - ganz ohne Anstrengung und Schinderei, sondern mit Spaß und Freude. Dieses Buch beschränkt sich jedoch nicht nur auf die Suche nach dem Glück. Es zeigt auf, dass Liebe, Freude, Glück und der Sinn des Lebens tief miteinander verbunden sind.

Mit seiner psychotherapeutischen Methode hat Armand Luciani bereits vielen Patienten geholfen, Glück in ihrem Leben zu finden. Er lädt Sie ein zu einer spannenden Reise zu sich selbst!

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