



On Becoming a Psychotherapist (Routledge Mental Health Classic Editions)

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On Becoming a Psychotherapist (Routledge Mental Health Classic Editions)

Why do people want to become a psychotherapist? How do they translate this desire into reality?

On Becoming a Psychotherapist explores these and related questions. Ten leading therapists write about their profession and their careers, examining how and why they became psychotherapists. The contributors, representing a wide cross-section of their profession, come from both Britain and America, from different theoretical backgrounds, and are at different stages in their careers. They write in a personal and revealing way about their childhoods, families, colleagues, and training. This absorbing and fascinating book offers a fresh perspective on psychotherapy and the people attracted to it.

This Classic Edition of the book includes a new introduction written by the authors and will be invaluable for qualified psychotherapists and those in training.

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