



# Learning to Be Confident, Determined and Caring for 5 to 7 Year Olds (Lucky Duck Books)

*Karen Brunskill*

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Includes CD-Rom

The four books in the series provide a whole-school value based programme for young people from five to twelve years of age. They help in the creation of wellbeing and resilience in students by introducing and developing a range of values and behaviours that will assist with social and emotional health.

The series is well differentiated for the target age group and each volume follows a similar format:

- o introduction;
- o guidance on how to use the materials;
- o links to curriculum areas;
- o comprehensive teacher notes on each theme.

The themes are based around stories which will engage young people and these are accompanied by worksheets and follow up activities.

Each book can be used individually or together as a complete programme to promote pro-social values. All

the books will help young people to:

- o have a sense of belonging;
- o identify their talents;
- o develop proactive problem solving;
- o enhance positive social orientation;
- o encourage an optimistic sense of fun.



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