



Tending the Soul: 90 Days of Spiritual Nourishment

Anita Lustrea, Melinda Schmidt, Lori Neff

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Every day, tens of thousands of women turn to *Midday Connection* for spiritual nourishment and encouragement through the radio program and Facebook community. The hosts, Anita Lustrea, Melinda Schmidt and Lori Neff hear the heartfelt needs of these women and understand their desires to grow in body, mind, and soul.

In response, *Midday Connection* along with prominent authors and artists – Staci Eldridge, Shannon Ethridge, Carol Kent, Sara Groves and many others – compiled *Tending the Soul: 90-days of Spiritual Nourishment*.

This devotional combines transparency with biblical truth, as each reading begins with scripture, followed by a short devotional including a deeply personal prayer, and closes with an application question.



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From reader reviews:

Mary Case:

As people who live in the particular modest era should be update about what going on or info even knowledge to make these people keep up with the era that is certainly always change and advance. Some of you maybe will certainly update themselves by reading through books. It is a good choice to suit your needs but the problems coming to you actually is you don't know what one you should start with. This Tending the Soul: 90 Days of Spiritual Nourishment is our recommendation to help you keep up with the world. Why, because this book serves what you want and wish in this era.

Cary Barrett:

A lot of people always spent their free time to vacation or perhaps go to the outside with them household or their friend. Are you aware? Many a lot of people spent they free time just watching TV, or perhaps playing video games all day long. If you wish to try to find a new activity honestly, that is look different you can read any book. It is really fun to suit your needs. If you enjoy the book that you read you can spent all day every day to reading a book. The book Tending the Soul: 90 Days of Spiritual Nourishment it is quite good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. If you did not have enough space bringing this book you can buy typically the e-book. You can more very easily to read this book from a smart phone. The price is not too expensive but this book features high quality.

Nelson Wyatt:

Playing with family in a very park, coming to see the sea world or hanging out with pals is thing that usually you might have done when you have spare time, subsequently why you don't try matter that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Tending the Soul: 90 Days of Spiritual Nourishment, you are able to enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh can happen its mind hangout fellas. What? Still don't get it, oh come on its referred to as reading friends.

Vincent Johnson:

Many people spending their time by playing outside having friends, fun activity together with family or just watching TV all day every day. You can have new activity to shell out your whole day by reading a book. Ugh, do you consider reading a book really can hard because you have to use the book everywhere? It okay you can have the e-book, delivering everywhere you want in your Mobile phone. Like Tending the Soul: 90 Days of Spiritual Nourishment which is finding the e-book version. So , why not try out this book? Let's see.

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