



Chiles (La cocina de Patricia Quintana) (Spanish Edition)

Patricia Quintana

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Nuestra tierra nos brinda una rica variedad de chiles que se distinguen por su picor, textura, aroma y color. Conocer el carácter de cada uno de ellos, suavizar o agudizar su sabor, empatarlo con otras esencias es un verdadero arte cuyos secretos nos revela Patricia Quintana en este extraordinario libro. El chile es el alma de la cocina mexicana.

Patricia Quintana presenta aquí diversas recetas entre cuyos ingredientes destaca el chile en sus diversas variedades y presentaciones: chiles frescos como el serrano, que da un picor explosivo a las salsas crudas o cocidas; el poblano con su piel verde y brillante; los chiles mora, morita, pasilla oaxaqueño y chipotle meco que provienen de distintas variedades de jalapeños; el pasilla o mulato con sus sabores aciruelados; el ancho de gusto suave y perfume aterciopelado, compenetrándose en un encuentro mágico y delicioso, con las hierbas de olor, el piloncillo, la canela y diferentes especias. ¡Toda una fiesta para el paladar!

Patricia Quintana ha dedicado gran parte de su vida a adentrarse en la historia y las tradiciones culinarias de México. Ha viajado por todas las regiones del país, visitando ciudades, pueblos y mercados para familiarizarse con la cocina popular y con las técnicas tradicionales para la preparación de alimentos.

Patricia Quintana es una reconocida chef internacional y una experta en gastronomía mexicana. Estudió cocina en Canadá, Suiza y Francia. Por más de veinte años, se ha dedicado a rescatar el acervo culinario del país y sus investigaciones la han llevado a viajar por diferentes regiones de México. Con su sensibilidad y experiencia, Patricia Quintana ha creado numerosos platillos vanguardistas, sin perder la esencia de la tradición mexicana.

Su arte culinario ha sido plasmado en más de 15 libros, entre ellos: *The taste of Mexico*, *Feast of life*, *Festín en el Mictlán*, *Puebla*; *la cocina de los ángeles*, *Un recorrido por las cocinas de México* y *Polvo de Jade*, que es su primera novela.

Oceano ha publicado sus libros de cocina: *Antojería mexicana* y *Mulli el libro de los moles*. Patricia Quintana ha colaborado en diversos programas de televisión y ha escrito artículos de cocina para varios diarios y revistas del país y del extranjero. Se le considera una promotora de las tradiciones mexicanas.

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Cicely Silber:

A lot of people always spent all their free time to vacation as well as go to the outside with them friends and family or their friend. Do you know? Many a lot of people spent they free time just watching TV, or perhaps playing video games all day long. In order to try to find a new activity that's look different you can read a book. It is really fun for yourself. If you enjoy the book that you simply read you can spent the whole day to reading a e-book. The book Chiles (La cocina de Patricia Quintana) (Spanish Edition) it doesn't matter what good to read. There are a lot of people who recommended this book. These were enjoying reading this book. If you did not have enough space to create this book you can buy the e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not too costly but this book features high quality.

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In this era which is the greater man or who has ability in doing something more are more special than other. Do you want to become certainly one of it? It is just simple strategy to have that. What you should do is just spending your time not much but quite enough to enjoy a look at some books. One of many books in the top record in your reading list is actually Chiles (La cocina de Patricia Quintana) (Spanish Edition). This book which is qualified as The Hungry Hills can get you closer in turning into precious person. By looking upward and review this e-book you can get many advantages.

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