



# **From the Source - Thailand: Thailand's Most Authentic Recipes From the People That Know Them Best (Lonely Planet from the Source)**

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## **From the Source - Thailand: Thailand's Most Authentic Recipes From the People That Know Them Best (Lonely Planet from the Source) Lonely Planet**

From Lonely Planet, the world's leading travel guide publisher, *From the Source* is a groundbreaking cookbook series that introduces food lovers and travel enthusiasts to the world's most authentic local dishes by transporting them into the kitchens where they were perfected. Each country-specific edition features sumptuous original photography, up to 70 classic recipes, and inside stories and tips from the world's best local cooks, from street-food vendors to Michelin-starred chef patrons.

With *From the Source Thailand*, you'll tour through Central Thailand's sophisticated, cosmopolitan cuisine layered with Chinese and Muslim influences, Northern Thailand's mild, seasonal dishes with ancient roots, Northeastern Thailand's full-flavoured, rustic cooking that doesn't skimp on spice, and Southern Thailand's spicy offerings, with an emphasis on seafood, chillies and salt.

**Authors:** Lonely Planet, Austin Bush and Mark Wiens.

**About Lonely Planet:** Since 1973, Lonely Planet has become the world's leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveller community. Lonely Planet covers must-see spots but also enables curious travellers to get off beaten paths to understand more of the culture of the places in which they find themselves.

*'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.'* -- Fairfax Media

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