



# Inside The Peloton: My Life as a Professional Cyclist

*Nicolas Roche*

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## **Inside The Peloton: My Life as a Professional Cyclist** Nicolas Roche

Nicolas Roche has a famous surname to all fans of cycling. The son of legendary Irish and World Champion Stephen Roche, Nicolas had to fight to make it as a professional and even harder to make his mark as his own man in this toughest of competitive sports.

His rise up the ranks has been meteoric, with top 15 finishes in both the Tour de France and the Vuelta a España, but his attitude to his chosen profession has remained undimmed. Honest, eloquent and passionate about the cycling world, Nicolas gained acclaim and a devoted fan following for his Tour diaries serialised in the *Irish Independent*.

Now a major contender for a podium finish in a grand tour, in the award-winning *Inside the Peloton* Nicolas tells in full the story of life as a professional cyclist and of the remarkable events that have brought him this far. From furious spats with teammates and exhilarating races against the world's best, this is a gripping cycling adventure and tale of a fiercely competitive sportsman.

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