



# La cocina de mi madre (Spanish Edition)

*teresa Artigas*

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*La cocina de mi madre* nos acerca a los responsables de que la cocina española actual se haya convertido en un referente mundial. Ellos son: Ferran Adrià, Martín Berasategui, Carme Ruscalleda, Pedro Subijana, Santi Santamaría, Joan Roca, Fina Puigdevall, Quique Dacosta, Xavier Pellicer, Sergi Arola, Jean Louis Neichel, Montse Estruch, Fermí Puig, Isabel Juncà y Carles Gaig.

Teresa Artigas ha explorado su pasado para descubrir cómo la cocina de su infancia ha influido en su manera actual de cocinar.

Guiada por la idea de que «los sabores y aromas son eficaces potenciadores de la memoria», la autora ha hablado con cada uno de estos artistas y ellos, generosamente, le han regalado la historia gastronómica de su infancia y las recetas caseras que más apreciaban cuando eran niños. *La cocina de mi madre* desea rendir un homenaje a las anónimas precursoras de nuestros grandes cocineros.

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