



# Managing the Psychological Impact of Medical Trauma: A Guide for Mental Health and Health Care Professionals

*Michelle Flaum, EdD, LPCC-S Hall, Scott E., PhD, LPCC-S Hall*

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## *What to do when treatment becomes trauma*

Of increasing concern to all health professionals is the mental and emotional trauma that can result from adverse medical experiences ranging from life-threatening events to even routine medical procedures. This groundbreaking book is the first to conceptualize the psychological aspects of medical trauma and provide mental health and health care professionals with models they can use to intervene when treatment becomes trauma. The book delivers systems-level strategies for supporting patients and their families who experience distress in the medical setting or as a result of life-threatening or life-altering diagnoses and procedures. Reflecting the growing trend toward interprofessional practice and training in health care and initiatives toward patient-centered care, the book also describes models that promote the seamless integration of mental health professionals into the health care team.

The book reflects the PPACA mandate to integrate mental health services into health care in order to both ensure the psychological and emotional well-being of patients and to provide support and guidance to health care professionals. Using an inclusive model of medical trauma, the book examines the effects and complexity of the trauma experience within the medical setting; addresses patient, medical staff, and procedural risk factors regarding specific level 1, 2, and 3 traumas; discusses the effects of environment and medical staff interactions; and covers intervention and prevention. The book also highlights examples of health care systems and organizations that have successfully applied innovative ideas for treating the whole person. Extensive case studies addressing the three levels of medical trauma illustrate its effects and how they could have been better managed.

## **Key Features:**

- Addresses psychological trauma resulting from adverse medical experiences—the first book to do so
- Provides effective models for addressing trauma in health care based on maternal health protocols from NCSWH
- Includes effective new models, protocols, and best practices for all mental health and health care professionals
- Presents extensive case examples of levels 1, 2, and three medical trauma
- Disseminates valuable resources and screening and measurement tools



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**Harold McDonough:**

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**Octavio Martin:**

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**James Johnson:**

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