



My Cup Runneth Over: The Life of Angelica Cookson Potts

Cherry Whytock

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I'm, um, LARGE.

Yes, "large" just about covers it,

although to be quite honest,

not many things do -- cover it,

I mean.

Angelica Cookson Potts, better known as Angel, loves food, both cooking it and eating it, and plans to be a famous chef someday. But she thinks she's just too *big* -- her mother is a skinny ex-model, her best friends are all smaller than she is, and she feels like a huge, wobbly whale in comparison. In addition to food, Angel also loves Jamie Oliver (the Naked Chef) and Adam (who doesn't know she's alive). In order to get Adam's attention, she tries making major Life Changes, including a cabbage-only diet that has...well, explosive results. Through it all her best friends, Minnie, Portia, and Mercedes, are there with her, and when the school fashion show comes around, Angel discovers that her size might not be such a bad thing after all.

Everyone knows an Angel, and readers will laugh out loud at her take on life.

Angel's own recipes are included so that other "foodies" can cook along with her.

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