



# Soccer: Steps to Success, 4E

*Joseph Luxbacher*

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# **Soccer: Steps to Success, 4E**

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Improve your abilities in dribbling, passing, receiving, shooting, defending, tackling, heading, and goalkeeping with the help of detailed descriptions, full-color photos and illustrations of all fundamental techniques, and twenty different video clips. Then learn how and when to apply those skills in game situations, such as winning one-on-one matchups, attacking, and defending. More than 170 exercises and small-sided games, along with 12 different games and drills video clips, test your readiness to progress to the next step through the use of an easy-to-follow scoring system.

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