



# Cutting Targets With The Japanese Sword: Practical Tameshigiri and Battodo

*Richard Babin, Bob Elder*

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Richard Babin demonstrates the arts of test cutting (tameshigiri) and sworsmanship (battodo). With co-author, Sensei Bob Elder, founder and president of the US Federation of Battodo and the US Federation of Toyama Ryu, Babin covers every aspect of the test-cutting process, including the selection of an appropriate blade, the construction of targets and stands, and the mechanics of cutting, all while emphasizing safety and proper attitude. This invaluable guide also teaches modern swordsmen how to completely rehabilitate a military sword for use in cutting, including straightening, sharpening and polishing the blade and making a new handle and scabbard.



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