



# **Crazy Me: How I Lost Reality and Found Myself**

*D. Thomas Bixby*

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## **Crazy Me: How I Lost Reality and Found Myself** D. Thomas Bixby

Crazy Me is a moving personal account of a 22-year old war veteran's fight against the paranoia, mental anarchy and debilitating despair of PTSD with schizophrenia; the "split mind" of the disease is revealed as an internal battle between a long hidden natural self and a false self created to survive a world of childhood illness, physical abuse, and emotional repression of the horrors of war.

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