



Keeping Together in Time

William Hardy MCNEILL

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Could something as simple and seemingly natural as falling into step have marked us for evolutionary success? In *Keeping Together in Time* one of the most widely read and respected historians in America pursues the possibility that coordinated rhythmic movement--and the shared feelings it evokes--has been a powerful force in holding human groups together. As he has done for historical phenomena as diverse as warfare, plague, and the pursuit of power, William McNeill brings a dazzling breadth and depth of knowledge to his study of dance and drill in human history. From the records of distant and ancient peoples to the latest findings of the life sciences, he discovers evidence that rhythmic movement has played a profound role in creating and sustaining human communities. The behavior of chimpanzees, festival village dances, the close-order drill of early modern Europe, the ecstatic dance-trances of shamans and dervishes, the goose-stepping Nazi formations, the morning exercises of factory workers in Japan--all these and many more figure in the bold picture McNeill draws. A sense of community is the key, and shared movement, whether dance or military drill, is its mainspring. McNeill focuses on the visceral and emotional sensations such movement arouses, particularly the euphoric fellow-feeling he calls "muscular bonding." These sensations, he suggests, endow groups with a capacity for cooperation, which in turn improves their chance of survival.

A tour de force of imagination and scholarship, *Keeping Together in Time* reveals the muscular, rhythmic dimension of human solidarity. Its lessons will serve us well as we contemplate the future of the human community and of our various local communities.

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Muscular Bonding

Human Evolution

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Reviews of this book:

"In his imaginative and provocative book...William H. McNeill develops an unconventional notion that, he observes, is 'simplicity itself.' He maintains that people who move together to the same beat tend to bond and thus that communal dance and drill alter human feelings."

--John Mueller, *New York Times Book Review*

"Every now and then, a slender, graceful, unassuming little volume modestly proposes a radical rethinking of human history. Such a book is *Keeping Together in Time*...Important, witty, and thoroughly approachable, [it] could, perhaps, only be written by a scholar in retirement with a lifetime's interdisciplinary reading to ponder, the imagination to conceive unanswerable questions, and the courage, in this age of over-speculation, to speculate in areas where certainty is impossible. Its

vision of dance as a shaper of evolution, a perpetually sustainable and sustaining resource, would crown anyone's career."

--Penelope Reed Doob, *Toronto Globe and Mail*

"McNeill is one of our greatest living historians...As usual with McNeill, *Keeping Together in Time* contains a wonderfully broad survey of practices in other times and places. There are the Greeks, who invented the flute-accompanied phalanx, and the Romans, who invented calling cadence while marching. There are the Shakers, who combined worship and dancing, and the Mormons, who carefully separated the functions but who prospered at least as much on the strength of their dancing as their Sunday morning worship."

--David Warsh, *Boston Sunday Globe*

"[A] wide-ranging and thought-provoking book...A mind-stretching exploration of the thesis that 'keeping together in time'--army drill, village dances, and the like--consolidates group solidarity by making us feel good about ourselves and the group and thus was critical for social cohesion and group survival in the past."

--*Virginia Quarterly Review*

"[This book is] nothing less than a survey of the historical impact of shared...

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From reader reviews:

Jean Spence:

People live in this new moment of lifestyle always try and must have the free time or they will get large amount of stress from both day to day life and work. So , whenever we ask do people have spare time, we will say absolutely of course. People is human not really a huge robot. Then we ask again, what kind of activity are there when the spare time coming to an individual of course your answer will unlimited right. Then do you try this one, reading books. It can be your alternative throughout spending your spare time, the book you have read is usually Keeping Together in Time.

Amanda Acuna:

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