



# Biopsychosocial Perspectives on Arab Americans: Culture, Development, and Health

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## Biopsychosocial Perspectives on Arab Americans: Culture, Development, and Health

This book introduces an interdisciplinary lens by bringing together vital research on culture, psychosocial development, and key aspects of health and disease to address a wide range of salient concerns. Its scholarship mirrors the diversity of the Arab American population, exploring ethnic concepts in socio-historical and political contexts before reviewing findings on major health issues, including diabetes, cancer, substance abuse, mental illness, and maternal/child health. And by including policy and program strategies for disease prevention, health promotion, and environmental health, the book offers practitioners--and their clients--opportunities for proactive care. Featured in the coverage:

- Family, gender and social identity issues
- Arab Americans and the aging process
- Acculturation and ethnic identity across the lifespan
- Arab refugees: Trauma, resilience, and recovery
- Cancer: Crossroads of ethnicity and environment
- Health and well-being: Biopsychosocial prevention approaches
- Arab American health disparities: A call for advocacy

Rich in cultural information and clinical insights, *Biopsychosocial Perspectives on Arab Americans* is an important reference that can enhance health practices across the disciplines of medicine, nursing, rehabilitation, social work, counseling, and psychology.



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