



# **Cómo aprenden los adultos: Una mirada psicoeducativa (Spanish Edition)**

*Consuelo Undurraga*

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¿Aprenden los adultos? ¿Hasta qué edad es posible hacerlo? ¿Qué elementos se deben considerar para planificar un aprendizaje eficiente? A estas y otras preguntas responde este libro, que busca ser una herramienta para el profesional que trabaja enseñando, educando, formando, entrenando y capacitando a adultos. Haciéndose cargo de un gran vacío existente en la literatura respecto del tema en español, la autora presenta una visión sintética de los procesos de enseñanza y aprendizaje en los adultos, a un nivel teórico e instrumental. Después de abordar el tema de la naturaleza del aprendizaje y sus diversos enfoques, plantea un modelo que estructura las múltiples variables que intervienen en una situación educativa.

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