



Focused: The Ultimate Guide To Get Focused! - Using Morning Rituals, Meditation, Visualization, And Self Hypnosis To Have Limitless Focus And Maximize ... Neuro Linguistic Programming, Habit)

Ryan Cooper

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This "Focused" book contains proven steps and strategies on how to quickly and efficiently begin using morning rituals, meditation, visualization, and self hypnosis to have limitless focus and maximize your potential!

Today only, get this red hot amazing Amazon book for this incredibly discounted price! Read on your PC, Mac, Smart Phone, Tablet or Kindle Device.

Focus is something most people have very little of. Imagine what you would be capable of if you could only get yourself focused. Most people let procrastination and bad habits run their life. They wake up and allow the day to take them wherever, with no clear direction on what they want and a plan of how to get it. The bottom line is, to do anything meaningful in this life you must have absolute focus and mental clarity!

The good news is there is an exact formula for this, and I'm about to reveal this formula to you in this book. Getting focused is a simple process that anyone can use to their advantage! Think of anyone you know that is successful and chances are they have an unbelievable focus.

If you are ready to get focused and stop allowing the days to pass you by without accomplishing your goals then this is the right place to start.

This book will guide you on how use simple yet highly effective techniques as well as develop the right habits and mindset to become more focused in order to to accomplish your goals in the shortest time possible.

Here Is A Preview Of What You'll Learn...

- The Power of Focus
- Using Morning Rituals to Get Focused
- How to Use Meditation to Get Focused
- Getting Focused Using Visualization
- Using Self Hypnosis for Maximum Focus
- Neuro Linguistic Programming for Focus
- Increase Productivity by Creating Specific Habits
- Get 100 Percent Focused and Become Limitless!

- Much, Much More!

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Beatrice Flanagan:

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Juana Rummel:

What is your hobby? Have you heard in which question when you got pupils? We believe that that problem was given by teacher for their students. Many kinds of hobby, Everyone has different hobby. Therefore you know that little person like reading or as reading through become their hobby. You must know that reading is very important in addition to book as to be the factor. Book is important thing to provide you knowledge, except your own personal teacher or lecturer. You discover good news or update about something by book. Numerous books that can you go onto be your object. One of them is this Focused: The Ultimate Guide To Get Focused! - Using Morning Rituals, Meditation, Visualization, And Self Hypnosis To Have Limitless Focus And Maximize ... Neuro Linguistic Programming, Habit).

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