



The Joy of Fatherhood, Expanded 2nd Edition: The First Twelve Months

Marcus Jacob Goldman

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The Joy of Fatherhood, Expanded 2nd Edition: The First Twelve Months Marcus Jacob Goldman **Month-by-Month Developments in Your Baby, Your Partner, and You**

"This first-rate, father-friendly manual answers questions you didn't even know you should be asking!" —

Thomas G. Gutheil, M.D., Professor of Psychiatry, Harvard Medical School

The expanded edition of *The Joy of Fatherhood* is for today's dad, touching on timely and relevant subjects from pre-natal care through year one of being a dad. Whether detecting an infant's illnesses, assessing a baby's development, or learning appropriate ways of playing with the newest member of the family, author **Marcus J. Goldman, M.D.**, takes a down-to-earth, month-by-month tour of the first year of daddy's new life. Written for dads by a dad, the author applies his fathering experience and medical knowledge to cover all of the basics—from changing a diaper to feeding your baby, from packing a diaper bag to choosing the right babysitter—and enlightens you on hundreds of subjects, including:

- Important physical, emotional, health, and developmental milestones for your baby
- Identifying the feelings often experienced by new dads, and ways to cope with them
- Maintaining a healthy relationship with your partner through your new experiences
- And much more!

Written to fit in the busy lives of new fathers, *The Joy of Fatherhood* is a concise, practical guide loaded with essential tips, in-depth analyses, and important checklists. Full of valuable information, refreshing humor, and priceless wisdom, it is sure to enhance the joys of fatherhood.

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