



Lost in the Supermarket: An Indie Rock Cookbook

Kay Bozich Owens, Lynn Owens

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Historically, a love of cooking has been left to those considered far from cool: suburbanite Betty Crockers toiling over a hot stove. But the new youth-culture sensibility has taken over, merging the axiom “You are what you eat” with its updated mantra “You are who you listen to.” *Lost in the Supermarket*—yes, named for the 1979 hit by The Clash—is a creative compendium of recipes that reclaims the kitchen for the hip crowd. At once a meditation on the connection between food and music and a great culinary resource, this cookbook is full of the favorite recipes of some of indie rock’s elite. In chapters on both daily dishes and special event grub, contributions from such indie notables as Animal Collective, Black Dice, Sunset Rubdown, and Country Teasers are included, giving readers plenty to groove on, whether they’re in it for the tunes or the tastes or both.



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Patricia Thomas:

A lot of people always spent their own free time to vacation as well as go to the outside with them household or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity here is look different you can read a book. It is really fun for yourself. If you enjoy the book that you just read you can spent 24 hours a day to reading a e-book. The book Lost in the Supermarket: An Indie Rock Cookbook it is rather good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. When you did not have enough space to bring this book you can buy often the e-book. You can m0ore very easily to read this book through your smart phone. The price is not to fund but this book offers high quality.

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